



Southbourne Tennis Club

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Southbourne Tennis Club: [Bournemouth Network](#)

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Inclusive Impairment & Disability Programme 2019

Here at Southbourne Tennis Club we would like to ensure that we continue the legacy left from the London 2012 Paralympics that leads to many more disabled and impaired people having the chance to participate in sports.

Since 2012 Southbourne Tennis Club have been giving the opportunity to many people with different impairments and disabilities to participate in tennis. We strive to have an open door policy and be able to offer tennis as an all-inclusive sport. We currently have over 100 participants a month who have an impairment or disability. We would like to continue and expand the work we currently doing to guarantee opportunities for all.

In recognition of our good work in 2016 we were awarded The Lawn Tennis Association (LTA) Regional winners for Best Disability Programme and have been the winners of LTA Dorset Club of the year from 2012-2016 mainly to our inclusive tennis work and tennis in the community projects.

- Two of your biggest successes in 2019. LD session now requires 3 coaches and an assistant coach and handful of volunteers. Breakeven and get 12+, still growing in numbers. Victoria School is working well, we have run sessions for a variety of physical disability and we have seen over 30 different students.
- Major concerns –space, we are looking at possibility of further space to build a new court, cancelling sessions due to bad weather.

Disability Report

The disability work is going well and moving from strength to strength.

Starting with numbers; Total number playing over a month is now 119.

This breaks down to;

12 players playing in mainstream sessions, (1 transplant player, 4 Learning disabilities, 4 deaf players, 3 mental dis)

Impairment specific groups;

23 physical/wheelchair players, (8 Adult players, 2 Junior players, 1 Boscombe connect day centre, 12 from Victoria Centre.

72 Learning disability players, (15 people for our P&P LD session, and 20 from Linwood Schools and 6 with SCARF children's group. New DS Active Session added with 7 attending, 14 players with Lifeskills Autism and 10 players from Portfield School)

10 Physical / Mental disabilities, (Day centre 10 players)

2 Visually impaired players. (2 Junior VI).

Developments;

Day Centres

Since 2012 We have worked weekly with 3 Council day centres groups. We have weekly sessions with Boscombe Day Centre with 6-8 players. Moordown Day Centre 3-4 players, Westbourne Day Centre 4-6. This coaching session is for adults from the local day Centre's. These adult users have a range of physical impairments and mental health needs. The feedback from the centre is that the sessions are the highlight of the week and are eagerly anticipated. The users are able to access the facilities of the Club and the expertise of the staff, which under normal circumstances, they would have been unable to do so. Yet sometimes, even so, there

are those who are unable to participate due to the cost, although this is kept to a very minimum. The provision of a regular activity with the same coaches, has enable the users to build their confidence and self esteem, as well as their physical fitness. It has had a notable effect. This programme is partly funded by the participants and partly paid for by the club's community fund.

Wessex Autism Lifeskills

Since 2017 We run weekly sessions with Portfield LifeSkills for around 14 participants with Autism aged 15-18.

Victoria School

Since 2014 We have ran a weekly session with Victoria School with 8-12 players with physical disability. We have now finished the 4th year of our Schools Hub with Victoria Education Centre. We have run sessions for around 32 students during the schools sports week.

Linwood School

Since 2013 We have ran a weekly session during the Summer term with Linwood School for over 28 students with learning disability.

Portfield School

Since 2017 We have ran a weekly session during the Summer term with 20 children attending.

Scarf Children Charity

Since 2016 We continue our work with Charity group for people with disability. We are currently running a weekly session for SCARF with 8 players with learning disability.

Adult LD Session

Since 2012 Our LD session has gone from strength to strength. We have over 20 players on our register and have had 15 players to some of the weekly sessions. This is an open coaching session for young people from the Bournemouth, Poole and Christchurch area. We hold it currently on a **Saturday afternoon at 2.30pm for an hour**. Sessions designed to be fun and entertaining and move at a good pace. This programme is now running at breakeven even supporting payment of 3 coaches to run the session.

DS (Down Syndrome) Active Session

Since 2017 DS Active session added September 2017 Sat 11.30-12.30pm with 6-7 attendees.

LD & Wheelchair Social Tournament

Ran our 7th LD tournament with 15 competitors and our 3rd Wheelchair tournament with 5 competitors.

Link and Taster sessions with SEND Schools, Sportability & Dorset Destroyers Wheelchair Rugby Club

Linked with SEND Schools, Wheelchair rugby club and ran taster sessions with Sportability throughout this year with over 5 attendees.

SEND (Special Educational Needs and Disability) School Competition

Hosted the 3rd Dorset SEND Tennis School games with 2 schools attending and 30 children attendees.

Transplant Games; 1 player

We run a session with an Adult who has had 2 transplants. He is training to be part of the Transplant Games held every year and this year got the Bronze medal. The gentleman isn't allowed to work so pays a small contribution to his coaching. This means his sessions are being heavily subsidized to support him in his pursuit of a medal at the Transplant Games.

Children's Disability & Visually impaired; 4 attendees.

We have a mixed disability & visually impaired session on a Wednesday at 5pm with 4 attendees.

Future Work

- *Liaise with other clubs and coaches to initiate tennis in 2 extra schools;
- *Montacute School - Montacute is a specialist school for children and young people who have Complex Learning Difficulties or Disabilities (CLDD)
- *Winchelsea SEND School
- *Develop DS Active session
- *Choice Care Group Service users
- *Liaise with Dorset LTA to help Countywide Inclusive programme



Current figures and shortfalls for programme

<u>Area of funding</u> Figures based on coaching rate of £30 per hour and £15 for 2 nd coach unless stated over 40 weeks of the year unless stated.	<u>Target participant</u> <u>£</u>	<u>Income</u>	<u>Club's Funding via LTA</u>	<u>Approx. costs</u>	<u>Funding required</u>	<u>Comments</u>
Learning Disability session all year round	16	£1800	£0	£1800	£0	Session breaks even as each participant pays £5
Victoria Education Centre all year round. 36 week term x2 coaches £35	32	£500 school	£1000	£2520	£1020	
Linwood School for 12 weeks in summer term	16	£120 school	£240	£360	£0	
Portfield School for 12 weeks in summer term	16	£100	£260	£360	£0	
Boscombe Day Centre's All year round	8	£1000	£400	£1750	£350	2 coaches needed as complex need
Westbourne Day Centre's All year round	6	£1000	£700	£1750	£50	2 coaches needed as complex need
Lifeskills Day Centre's	12	£400	£360	£1400	£640	2 coaches needed as complex need
2x Wheelchair tennis session all year round Adults	6-8	£1350	£400	£2160	£410	Coaches already offer a reduced rate
Sportability/Wheelchair Rugby /schools taster session yearly	12	£0	£400	£540	£140	2 coaches needed 12 hours a year
SEND Schools festival	40	£0	£0	£200	£200	2 coaches needed as complex need
Children's Disability & Visually impaired all year round	4	£702	£400	£1102	£0	
DS Down Syndrome Children's session	6-8	£1250	£0	£2250	£1000	2 coaches needed as complex need
Club membership for users with disabilities	10	Club funds	Club funds	Club funds	Club funds	
Specialized Balls/Equipment		£0	£0	£500	£500	
Programme Lead		£0	£900	£900	£0	
<u>Total projection figures</u>		£8222	£5060	£17592	£4310	

Although areas of the programme breaks even we still have a shortfall of around £4310. This is mainly due to the fact that the sessions need a 2nd coach to support the needs of the participant. Coaches charging a reduced rate can decrease some of this.



Funding support for Disability and Community funds

Total Raised so far £19800

Total Sports Wheelchairs so far £3500

Total LTA/TF funding £22860

2019

- LTA £5000 towards the whole Disability programme
- Primrose Fund £2000 towards our wheelchair, day centre and DS Active sessions.
- Rotary clubs – £200 supported our trophies for LD tournament.
- Local Hotel/restaurant donated meat and food for our LD BBQ
- Elizabethan lodge of Masons £300

2018

- Tennis Foundation £5000 towards the whole Disability programme
- Bruce Wake £2000 towards our wheelchair and physically impaired tennis project.
- Rotary clubs – £200 supported our trophies for LD tournament.
- Local Hotel/restaurant donated meat and food for our LD BBQ
- Dan Maskell Fund 3x Sports Wheelchairs 2nd hand £1500
- Elizabethan lodge of Masons £300

2017

- Tennis Foundation £4000 towards the whole Disability programme
- Active Dorset Dementia Project £2000
- Irwin Mitchell Solicitors Donated £100 trophies for Wheelchair tournament and have printed Disability sports flyers for us.
- Rotary clubs – £200 supported our trophies for LD tournament.
- Local Hotel/restaurant donated meat and food for our LD BBQ
- Bright Ideas for Tennis Charity helped us fundraise for our Disability programme. Raised over £2500 through a 24hr tennis marathon, a Sky Dive and an Open Day for members with ex Professional Players.
- Elizabethan lodge of Masons £300

2016

- Tennis Foundation £4000 towards the whole Disability programme
- Tesco Bags for Help scheme £5000 towards our wheelchair and physically impaired tennis project.
- Irwin Mitchell Solicitors Donated £100 towards trophies for Wheelchair tournament.
- Rotary clubs – £200 supported our trophies for LD tournament.
- Local Hotel/restaurant donated meat and food for our LD BBQ
- Local Businesses – LV £500, JP Morgan £600
- Physical Disability Project Dorset LTA £1500
- Steve Bernard Foundation 2x Sports Wheelchairs £1000
- Elizabethan lodge of Masons £300

2015

- Tennis Foundation £2430 towards the whole Disability programme
- Dan Maskill Fund 2x Sports Wheelchairs £1000
- Girls Project Dorset LTA £1500

2014

- Tennis Foundation £2430 towards the whole Disability programme

