



Southbourne Tennis Club

Registered Charity:1185919 CRM:0001398
Iford Lane, Bournemouth, BH6 5NF

Southbourne Tennis Club: [Dorset Network](#)

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Dorset and Southbourne Tennis Club Inclusive Impairment & Disability Programme 2022

Southbourne Tennis Club has continued the legacy left from the London 2012 Paralympics that led to many more disabled and impaired people having the chance to participate in sport.

Since 2012 Southbourne Tennis Club have been giving the opportunity to many people with different impairments and disabilities to participate in tennis. We strive to have an open door policy and be able to offer tennis as an all-inclusive sport. We currently have over 100 participants a month who have an impairment or disability. We would like to continue and expand the work we currently doing to guarantee opportunities for all. To do this we have expanded into other clubs in Dorset to help train, improve knowledge and help kick start some new programmes in the area.

In recognition of our good work in 2016 & 2020 we were awarded The Lawn Tennis Association (LTA) Regional winners for Best Disability Programme and have been the winners of LTA Dorset Club of the year from 2012-2016 mainly to our inclusive tennis work and tennis in the community projects.

Some of our biggest successes this year.

- [Had Dorset coaches inclusive training with Mark Bullock with 20 coaches attending](#)
- [Had 2 Dorset coaches shadow disability sessions in order to them running their own sessions Adam Dean/Chris Biddle](#)
- [Set up Dorset coaches whatsapp group for inclusive tennis](#)

Disability Report

The disability work is going well and moving from strength to strength.

Starting with numbers; Total number playing over a month is now 136 - 47 adults / 89 children.

This breaks down to;

Impairment specific groups;

12 adult / 15 children physical/wheelchair players, (5 walking tennis, 6 Adult wheelchair players, 1 Junior wheelchair players, 16 wheelchair players from Victoria Centre. 12 Childrens charity, 1 Child with CP)

20 Adult / 55 children Learning disability players, (2 adult learning disability mainstream, 18 people for our P&P LD session, and 28 from Linwood Schools and 8 with SCARF children's group. DS Active Children's Session added with 8 attending, 15 players with DCF Autism, 4 children Learning disabilities)

11 Adult Mental disabilities, (Boscombe Day centre 4 players, Moordown Day Centre 4 players, 3 adult mental dis/dementia)]

3 children Visually impaired players.

2 Adult / 2 children deaf players

Other clubs (not in above total) – 15+

Areas of inclusion;

Diverse Abilities

Since 2021. 4 attendees using wheelchair or power chair. One VI. All play with help of a support worker.

Day Centres

Since 2012 We have worked weekly with 2 day centres groups. We have weekly sessions with Boscombe Day Centre with 4 players & Moordown Day Centre 4. This coaching session is for adults from the local day Centre's. These adult users have a range of physical impairments and mental health needs. The feedback from the centre is that the sessions are the highlight of the week and are eagerly anticipated. The users are able to access the facilities of the Club and the expertise of the staff, which under normal circumstances, they would have been unable to do so. Yet sometimes, even so, there are those who are unable to participate due to the cost, although this is kept to a very minimum. The provision of a regular activity with the same coaches, has enabled the users to build their confidence and self esteem, as well as their physical fitness. It has had a notable effect. This programme is partly funded by the participants and partly paid for by the club's community fund.

Wheelchair sessions Adults

Ran since 2015. Have 4-6 participants. Tues 12.30-1.45pm, Sat 12-1.15pm

Children's Disability & Visually impaired; 3 attendees.

We have a mixed disability & visually impaired session on a Tuesday at 5pm with 2 attendees.

Linwood School

Since 2013 We have ran a weekly session during the Summer term with Linwood School for over 28 students with learning disability. Linked with Winton Tennis Club. Run on a tues and thurs.

Victoria School

Since 2014 We have ran a weekly session with Victoria School with 6 players with physical disability.

Scarf Children Charity

Since 2016 We continue our work with Charity group for people with disability. We are currently running a weekly session for SCARF with 8 players with learning disability.

DS (Down Syndrome) Active Session

Since 2017 DS Active session for 12-18yr old's, added September 2017 Sat 11.30-12.30pm with 5 attendees, this year we have added a 6-11 yr. old group with 3 attendees.

Adult LD Session

Since 2012 Our LD session has gone from strength to strength. We have over 20 players on our register and have had 18 players to some of the weekly sessions. This is an open coaching session for young people from the Bournemouth, Poole and Christchurch area. We hold it currently on a **Saturday afternoon for an hour with sessions split**. Sessions designed to be fun and entertaining and move at a good pace. This programme is now running at breakeven even supporting payment of 3 coaches to run the session.

Walking Tennis

walking tennis with 5 adult participants.

LD Social Tournament

2022 Ran our 8th LD tournament with 15 competitors

Link and Taster sessions with SEND Schools

Linked with SEND Schools, Wheelchair rugby club

SEND (Special Educational Needs and Disability) School Competition

2022 Hosted the 5th Dorset SEND Tennis School games with 6 schools attending and 60 children attendees.

Other Clubs

*Broadstone tennis club - Wheelchair player

LD group 8-10participants

Rossmore TBA

*Poole Park – Mental health session Sport in Mind 6-8participants

- *Winton Tennis Club – Linwood link
- *Christchurch Sports Club – Walking tennis TBA
- *Shaftsbury – Coombe House School TBA
- *Victoria Avenue – Bournemouth Gateway Club TBA

